

# Do you want to know more about fostering?

Come along to my monthly drop in virtual chat, it's a no pressure environment to have a discussion and get answers to any queries you have.

## Meet Sarah



Here at Fostering Solutions Midlands, we are always looking for new foster carers to join our fostering family and my role is to plan and attend events to raise awareness of this– this may be going along to a Community event, meeting up at coffee shop (having cake too!) or you may find me in the office or online hosting a drop in event that everyone is welcome to attend- You may not be in a position to Foster currently but may like to support the awareness of fostering by letting me come along and host a community talk.

If you work for a company or organization that may like to create a fostering friendly policy I can help with that too, you could become a fostering friendly employer, supporting colleagues who already Foster or would like to Foster with a fostering friendly HR policy, you may just want to support by sharing posters or leaflets at any events that you attend yourselves this will help us to find more loving and supportive fostering family's for local children who need them.

**For more information please email [hello@fosteringsolutions.com](mailto:hello@fosteringsolutions.com)**

## Engagement

This part of my role is to continue to support not only new carers but every single one of our carers- This may be inviting you along to one of our regular breakfasts, afternoon teas or lunch events, taking you for coffee and cake or you can join in with one of our wellbeing walks or yoga classes meeting other carers.

Each month we will share at least one of our fostering households a “because of you” award. This is just a little thank you for what you do in our role as foster carers, alongside our regular support groups and annual Long Service Awards where we recently celebrated Foster Carers reaching milestones of 5, 10, 15 and even 20 years of Fostering with us.

